

Para-Equestrian Canada
Coast-to-Coast and Sea-to-Sea
Video Competitions

2011-2012

General Information Package

Bringing the Competition to You!

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About Para-Equestrian Canada Video Competitions

What are video competitions?

Video competitions provide riders of all levels and abilities the opportunity to experience competition conditions in the comfort of their home stable and on a familiar horse. Riders are judged by Para-Equestrian judges against other similar riders across Canada and are eligible to place and win great prizes.

Video competitions encourage riders to develop effective riding skills and provide riders with the opportunity to compete in a progressive and structured environment. Video competitions are a fantastic way to ensure that all riders across Canada, no matter how isolated, have the chance to compete. Competition is an integral part of athlete development and provides riders with new goals as well as a sense of empowerment and accomplishment.

To participate, riders simply have themselves recorded performing a specific test and upload it to the secure Equine Canada server, along with an online registration form and the appropriate entry fees.

The results of each competition will be posted on the Para-Equestrian Canada website at: www.equinecanada.ca/para-equestrian. Prizes will be awarded to competitors who finish in the top three places in their class for each competition, and each competitor will receive a copy of the judge's scores and comments for their test.

What types of classes are offered in the video competitions and what are the costs?

There are two types of classes offered in the video competitions; "Coast-to-Coast" classes and "Sea-to-Sea" classes.

The Coast-to-Coast classes provide riders with an opportunity to compete in a variety of disciplines, and include: leading pattern, equitation, and obstacle courses. Additional classes for cross poles, reining and driving are available upon request. The cost of the Coast-to-Coast classes is \$7.00 per class.

The Sea-to-Sea classes are offered for riders who wish to compete in the more competitive Para-Dressage stream. The cost of the Sea-to-Sea classes is \$25.00 per class.

Who is eligible to enter the video competitions?

All riders with a physical and/or intellectual disability are welcome to compete in the video competitions.

Riders who have previous competition experience at the EC Gold and/or International level are welcome to enter the competition, but they must compete 'hors concours', which means that they will receive feedback from Para-Dressage judges, but will not receive a placing or prizes.

Do riders need specific tack or show attire to compete?

There are no tack restrictions; English or Western tack is permitted as well as any adaptive equipment that is required. Tack must be safe and comfortable for both horse and rider. The rider must not be attached to the horse or saddle in any way that is deemed unsafe, as per FEI-PE rules. (Rules are available online at www.equinecanada.ca/para-equestrian.) Any type of saddle or surcingle which is appropriate for the needs of the rider may be used.

ASTM or BSI certified helmets must be worn by EVERYONE at all times when mounted on a horse.

What are the competition entry deadlines?

All competitors who wish to participate must have their entries submitted online (www.equinecanada.ca/para-equestrian) to the Para-Equestrian Canada website by the following deadlines:

- **July 15, 2011**
- **September 15, 2011**
- **November 15, 2011**
- **December 15, 2011**
- **February 15, 2012**
- **March 15, 2012**

Para-Equestrian Video Coast -to-Coast Competition Class List

The following is a list of Coast-to-Coast classes that provide entry level riders with an opportunity to compete in a variety of disciplines. The classes are open to both classified and non-classified riders.

The entry fee for the classes is \$7.00 per class.

Leading Pattern Classes:

Class #1 Leading Pattern class for riders with a leader and 1 side walker

Class #2 Leading Pattern class for riders with a leader

Class #3 Leading Pattern class for independent riders

Balance Pattern Classes:

Class #4 Balance Pattern class for riders who do not use reins and require a leader and two side walkers

English/Western Classes:

Class #5 Equitation/Horsemanship class for riders with a leader and 1 side walker

Class #6 Equitation/Horsemanship class for riders with a leader

Class #7 Equitation/Horsemanship class for independent riders

Obstacle Course/Trail Classes:

Class #8 Obstacle Course/Trail class for riders with a leader and 1 side walker

Class #9 Obstacle Course/Trail class for riders with a leader

Class #10 Obstacle Course/Trail class for independent riders

Para-Equestrian Video Sea -to-Sea Para-Dressage Class List

The following is a list of the Sea-to-Sea Para-Dressage classes that are available for riders who wish to enter the more competitive Dressage stream.

Novice classes are open to all riders who are unclassified (including those with an intellectual disability) and riders who are classified, but riding below their classified grade (leaders permitted).

Intermediate classes are open to riders who are classified and riding at or above their classified grade (leaders are not permitted).

The entry fee for the Para-Dressage classes is \$25.00 each.

Novice Para-Dressage Classes:

- Class #11** Para-Dressage Grade Bronze 1a Test 1
- Class #12** Para-Dressage Grade Bronze 1b Test 1
- Class #13** Para-Dressage Grade Bronze II Test 1
- Class #14** Para-Dressage Grade Bronze III Class Test 1
- Class #15** Para-Dressage Grade Bronze IV Class Test 1

Intermediate Para-Dressage Classes:

- Class #16** Para-Dressage Grade Bronze 1a Test 2
- Class #17** Para-Dressage Grade Bronze 1b Test 2
- Class #18** Para-Dressage Grade Bronze II Test 2
- Class #19** Para-Dressage Grade Bronze III Class Test 2
- Class #20** Para-Dressage Grade Bronze IV Class Test 2

Note: The rules/specifications for each class may be found on the Para-Equestrian Canada website at: www.equinecanada.ca/para-equestrian under the 'Competition' section.

Para- Equestrian Video Competition Rules

The following rules apply to the competition; rules of the individual riding centre still apply, except where the following are concerned:

1. All centres are encouraged to adhere to CanTRA Insurance guidelines as per the CanTRA Risk Management Evaluation, which can be found on the CanTRA website at: www.cantra.ca
2. Competitors must have a current Para-Equestrian Canada membership. Memberships can be purchased with submission of first video entry. Annual memberships are \$10 per year- applications can be found on the PEC website: www.equinecanada.ca/para-equestrian
3. ASTM or BSI certified helmets must be worn by EVERYONE at all times when mounted on a horse. Failure to follow this rule will result in immediate disqualification from the competition.
4. Closed heel and toe footwear with a minimum 1" heel is recommended. If a rider's impairment prevents them from wearing footwear with a heel, the saddle must be equipped with Devonshire boots. For the Sea-to-Sea Para-Dressage classes, riders should avoid wearing loose jackets that do not show the judge(s) their position.
5. Riders are encouraged to compete at their highest level of capability. Riders may only compete at one level within each section of classes (ie: riders may not enter into both the walk and walk/trot classes).
6. "Leaders" must lead from midway between horse's shoulder and head, using their outside hand to hold the lead rope at their outside hip; with their inside hand behind their back. This indicates to the judge that the leader is not influencing the horse and will only assist in an emergency.
7. Horses may be shared between riders.
8. Warm-up – as this is an introductory level competition, there are no restrictions on coaches schooling/warming up horses. Safety is the primary consideration.
9. There no tack restrictions for any event. English or Western tack is permitted as well as any adaptive equipment that is required. Tack must be safe and comfortable for both horse and rider. The rider must not be attached to the horse or saddle in any way that is deemed unsafe, as per FEI-PE rules. (Rules are available online at www.equinecanada.ca/para-equestrian.) Any type of saddle or surcingle which is appropriate for the needs of the rider may be used.
10. Classes should be recorded in an enclosed arena or ring with a minimum size of 18m x 36m (59 feet X 118 feet) and a maximum size of 20m x 40m (66 feet X 131 feet). If your arena is larger, please mark off an area of this size so that video results are similar.
11. The camera must be placed at "C" (far end of ring/arena), approximately 5 m (16.5 feet) back and between 1.5m-2.5 m (5 feet -8 feet) high. If the zoom feature is used- the horse may be no larger than ¼ of the screen. The recording should start approximately 5 seconds before the class or individual rider enters the arena. In an indoor arena, the rider may already be in the arena, and the recording will start 5 seconds before judging of the class begins. The recording should finish approximately 5 seconds after the class ends or after the final salute at the end of an individual test.
12. Make sure that a well-lighted ring/arena is used and the "Leaders" and "Side Walkers" are not blocking the view of the rider. Please preview your CD Rom or DVD Rom to ensure that it is clear before submitting online.

- 13.** Videos must be uploaded onto the secure Equine Canada server in one of the following file formats (not exceeding the file size of 2 GB): avi (Audio Video Interleave), mov (QuickTime - Apple), wmv (Winder Media Video), flv (Flash)
- 14.** The names of the video file should include the rider's last name and class number(s) entered.
- 15.** Videos may include more than one class providing they adhere to the following restrictions: a) must have a 10 second pause between classes b) clearly marked with the class number, date, the rider and horse. If there is more than one rider on your CD or DVD, please include a comment in the notes section online.

Para-Equestrian Rider Classification Process

The following is a general overview of the rider classification process and the five different Para-Equestrian classification Grades. This information is provided to assist non-classified riders determine the Grade level of competition they should enter for the Novice Para-Dressage classes.

What is Classification?

Classification provides riders with a physical disability the opportunity to compete against other riders with similar abilities. Riders are assessed by accredited 'classifiers' and are given a "Grade" based on their function abilities in areas such as: muscle power, joint range, and coordination. There are five Grades of competitions in Para-Dressage, with Grade Ia representing the more severely impaired riders, and Grade IV representing the least impaired riders.

During the classification process, riders may receive approval to use specific compensatory aids during competition, which would be listed on the rider's classification card. The purpose of compensatory aids (sometimes known as adaptive tack or specialized equipment) is to level the competitive playing field. Examples of compensatory aids include: rubber bands on stirrups, voice commands, two whips, etc.. While compensatory aids are varied and can be unique to a rider, they should never provide an advantage to the athlete.

Many Para-Equestrian athletes also compete alongside able-bodied competitors in Equine Canada competitions. At the grass roots level, Para-Equestrian encompasses a number of different disciplines, while the international stream focuses only on Para-Dressage.

What are the five Para-Equestrian Classification Grades?

- **Grade Ia** – Mainly wheelchair users with impairment of all 4 limbs, may be able to walk with an unsteady gait, however trunk and balance are severely impaired.
- **Grade Ib** – Mainly wheelchair users with poor trunk balance and or impairment of function in all four limbs, or no trunk balance and good upper limb function, or moderate trunk balance with severe impairment of all 4 limbs.
- **Grade II** - Majority are wheelchair users, or have little locomotive ability with some limb function. Others have severe unilateral impairment. The athlete will perform a walk and trot level test excluding canter.
- **Grade III** - Often athletes who are able to walk without support. They may have minimal use of their limbs, loss of sight or intellectual impairment.
- **Grade IV** - Athletes usually are impaired in one or two limbs, or have a visual impairment.

How do I become classified or re-classified?

Riders, who are interested in becoming classified or re-classified, should contact Jamie-Ann Goodfellow at Para-Equestrian Canada (jgoodfellow@equinecanada.ca) to arrange for a classification session. Riders are required to complete a classification request form, consent for classification form, and a certificate of diagnosis form in preparation for classification. The cost for initial and re-classifications is \$50.00, plus any additional travel expenses which may be incurred by the athlete as a result of travelling to a classifier.

Video Competition Entry Process and Checklist

Once riders have a video of themselves performing a specific test, it can be uploaded to the secure Equine Canada server at any time before the competition deadline at: http://licence.equinecanada.ca/pec_video

Before uploading the video, all participants will be required to complete an online entry form, which will ask for the following information:

- The rider's Para-Equestrian Membership number
- Coach's name (if applicable)
- Name of the horse
- Name of the Riding Centre
- Classes Entered
- Details on whether the rider is classified, non-classified, or competing hors concours
- Credit card payment information

Before you upload your video, please ensure that your video and entry meets the following requirements:

- Is the rider a Para-Equestrian Canada member? If not, you must submit a membership form before entering.
- Have you previewed your video to ensure that it is clear and meets the entry requirements?
- Is your video in one of the following file formats: avi (Audio Video Interleave), mov (QuickTime - Apple), wmv (Winder Media Video), flv (Flash)?
- Is your video less than 2 GB?
- Is your video file name properly saved (ie: rider last name_classes entered)?
- Do you have a credit card ready for payment?

The results of each competition will be posted on the Para-Equestrian Canada website at: www.equinecanada.ca/para-equestrian. Prizes will be awarded to competitors who finish in the top three places in their class for each competition, and each competitor will receive a copy of the judge's scores and comments for their test.

Good luck and please do not hesitate to contact us with any questions at:
Tel: 613-248-3433 ext. 143 or 144
para-equestrian@equinecanada.ca

2011 PARA-EQUESTRIAN MEMBERSHIP APPLICATION

MEMBERSHIPS ARE VALID FROM JANUARY 1ST UNTIL DECEMBER 31ST

<input type="checkbox"/> Dr.	<input type="checkbox"/> Mr.	<input type="checkbox"/> Mrs.	<input type="checkbox"/> Miss	<input type="checkbox"/> Ms.
First Name: _____		Last Name: _____		
Street Address: _____				
City: _____		Province/State: _____		
Postal Code: _____		Country: _____		
Home Phone: (____) _____ - _____		Business Phone: (____) _____ - _____		
Fax: (____) _____ - _____		Ext: _____		
Email: _____				
Birth Date: ____ / ____ / ____ (MM/DD/YYYY)				
I am a: <input type="checkbox"/> Rider <input type="checkbox"/> Official <input type="checkbox"/> Committee Member <input type="checkbox"/> Individual interested in Para-Equestrian				
I am a competitive Rider at : <input type="checkbox"/> Discovery <input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold <input type="checkbox"/> Platinum <input type="checkbox"/> Other				
I am: <input type="checkbox"/> Classified at Grade _____ <input type="checkbox"/> Not Classified				
I am interested in volunteering and networking opportunities <input type="checkbox"/> Yes <input type="checkbox"/> No				
I am interested in receiving information about:				
<input type="checkbox"/> Talent Identification Sessions <input type="checkbox"/> Classification Sessions <input type="checkbox"/> Video Competitions				
<input type="checkbox"/> Coaching Sessions <input type="checkbox"/> Officials' Sessions <input type="checkbox"/> other competitive opportunities				
MEMBERSHIP INFORMATION		Para-Equestrian Membership #: _____ (if applicable)		
<input type="checkbox"/> NEW <input type="checkbox"/> Renewal				
<i>Memberships: \$10.00 each</i>				
<i>Donation- I declare my support \$ _____</i>				
<i>TOTAL PAYMENT INCLUDED: \$ _____</i>				
<input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> Money Order <input type="checkbox"/> Cheque Enclosed (payable to EQUINE CANADA)				
Name on Card: _____		Signature: _____		
Card Number: _____		Exp. Date: ____ / ____		
PLEASE FAX, E-MAIL, OR MAIL PAYMENT AND COMPLETED FORM TO: Para-Equestrian Canada, c/o Equine Canada 2685 Queensview Drive, Suite 100, Ottawa, ON, K2B 8K2 FAX: 613-248-3433 Email: jgoodfellow@equinecanada.ca				